

## Week one

Week Commencing: 13/5, 10/6, 1/7, 2/9, 23/9, 14/10.

Main meal...

### MONDAY

British Pork Sausages with Gravy and Creamy Mashed Potatoes

**On the side...**

Vegetables of the Day

**For dessert...**

(v) Strawberry Swirl Mousse

(v) Cheddar Cheese, Crackers & Apple

(v) Organic Yoghurt or Fresh Fruit

(v,h) Chinese Style Quorn with Noodles

Main meal...

### TUESDAY

Chicken Fillet Wrap with BBQ Sauce, Baked Potato Wedges

**On the side...**

Fresh Salad

Corn on the Cob

**For dessert...**

(v,h) Iced Mandarin Sponge

(v) Organic Yoghurt or Fresh Fruit

(v,h) Farmhouse Omelette, Baked Potato Wedges

OUR ROAST OF THE DAY

### WEDNESDAY

British Roast Pork Joint/Loin or Gammon Joint, Apple Sauce, Gravy, Crispy Roast Potatoes

**On the side...**

Vegetables of the Day

**For dessert...**

(v,h) Fruit Crumble & Custard

(v) Ice Cream Tub

(v) Organic Yoghurt or Fresh Fruit

(v) Veggie Toad in the Hole, Gravy, Crispy Roast Potatoes

Main meal...

### THURSDAY

(h) Organic Beef Bolognese Pasta Bake, Malted Wheat Baguette

**On the side...**

Fresh Salad

Vegetables of the Day

**For dessert...**

(v) Creamy Whip with Fruit in Juice

(v,h) Homemade Ginger Cookie

(v) Organic Yoghurt or Fresh Fruit

(v,h) Homemade Rustic Cheese & Tomato Pizza, Crispy Potatoes

Main meal...

### FRIDAY

SEASIDE SPECIAL FISHY FRIDAY

(msc) Harry Ramsden's Seaside Salmon Fish Fillet, Criss-Cross Potatoes

**On the side...**

Peas or

Baked Beans

**For dessert...**

(v) Gluten Free Mini Doughnut

(v) Organic Yoghurt or Fresh Fruit

(v,h) Not Too Spicy Vegetable Burrito, Criss-Cross Potatoes

## Week two

Week Commencing: 20/5, 17/6, 8/7, 9/9, 30/9, 21/10.

Main meal...

MEAT FREE MONDAY

### MONDAY

(v) Cheese & Tomato Pizza Wedge

**On the side...**

Vegetables of the Day

Baked Beans

**For dessert...**

(v,h) Homemade Chocolate Cracknel

(v) Organic Yoghurt or Fresh Fruit

(v) Vegan Country Bake, lightly bread crumbed vegetable pattie with vegan cheese.

Baked Potato Wedges

Main meal...

### TUESDAY

Organic Beef Grill in a High Fibre Bun, Crispy Potatoes

**On the side...**

Fresh Salad

Vegetables of the Day

**For dessert...**

Jelly with Fruit or (v) Ice Cream Tub

(v) Organic Yoghurt or Fresh Fruit

(v,h) Cheesy Pasta Bake, Malted Wheat Baguette

OUR ROAST OF THE DAY

### WEDNESDAY

Roast Chicken Fillet or Joint, Gravy and Crispy Roast Potatoes

**On the side...**

Vegetables of the Day

**For dessert...**

(v,h) Up Beet Chocolate Cake with Hot Chocolate Sauce

(v) Organic Yoghurt or Fresh Fruit

(v,h) Mild and Creamy Vegetable Korma with Rice

Main meal...

### THURSDAY

(h) Organic Beef Chilli

**On the side...**

Vegetables of the Day

**For dessert...**

(v,h) Melting Moment Biscuit

(v) Organic Yoghurt or Fresh Fruit

(v) Veggie Hot Dog

Nacho Seasoned Potato Wedges

Main meal... FISHY FRIDAY

### FRIDAY

(msc) Gluten Free Breaded Fish Fingers with Chipped Potatoes

**On the side...**

Peas or

Baked Beans

**For dessert...**

(v,h) Favourite Fruit Muffin

(v) Ice Cream Tub

(v) Organic Yoghurt or Fresh Fruit

(v) Cheesy Jacket Potato

## Week three

Week Commencing: 3/6, 24/6, 15/7, 16/9, 7/10, 4/11.

Main meal...

### MONDAY

Organic Pork Meatballs, Rich Tomato Gravy and Pasta

**On the side...**

Vegetables of the Day

**For dessert...**

(v,h) Homemade Fruity Flapjack

(v) Organic Yoghurt or Fresh Fruit

(v,h) Quorn Korma with Wholegrain Rice

Main meal...

### TUESDAY

(h) Pasta with Peas and Bacon

**On the side...**

Fresh Salad

Vegetables of the Day

**For dessert...**

(v,h) Homemade Sponge with Fruit in Juice

(v) Organic Yoghurt or Fresh Fruit

(v,h) Pizza Fillet, quorn fillet topped with rich rustic tomato sauce and melted cheese.

Dry Roasted New Potatoes or Garlic Bread

OUR ROAST OF THE DAY

### WEDNESDAY

British Roast Beef, Yorkshire Pudding, Gravy, Crispy Roast Potatoes

**On the side...**

Vegetables of the Day

**For dessert...**

(v,h) Jam Tart and Custard

(v) Ice Cream Tub

(v) Organic Yoghurt or Fresh Fruit

(v,h) Broccoli and Sweetcorn Pasta Bake, Malted Wheat Baguette

Main meal...

### THURSDAY

(h) Homemade Chicken Pie, Gravy, Creamy Mash or Crispy Potatoes

**On the side...**

Vegetables of the Day

**For dessert...**

(v) Cheddar Cheese, Crackers & Apple

(v,h) Carrot and Orange Cookie

(v) Organic Yoghurt or Fresh Fruit

(v) Sticky Barbeque Veggie Sausages, Crispy Potatoes

Main meal... FISHY FRIDAY

### FRIDAY

(msc) Gluten Free Breaded Fish Fillet with Chipped Potatoes

**On the side...**

Peas or

Baked Beans

**For dessert...**

(v,h) Homemade Vanilla Krispy Bar

(v) Ice Cream Tub

(v) Organic Yoghurt or Fresh Fruit

(v,h) Quorn Nuggets with Rainbow Rice

(v) Vegetarian Option (h) Homemade (msc) Certified Sustainable Seafood