

PSHE Scheme of Work Year A

In addition to individual lessons and Wednesday assemblies, PSHE education is taught across the curriculum and in everyday school life. Units may be moved to fit in with other curriculum areas where appropriate.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<i>Living in the wider world</i>	<i>Relationships</i>	<i>Relationships/Health and wellbeing</i>	<i>Health and wellbeing</i>	<i>Relationships/Health and wellbeing</i>	<i>Living in the wider world</i>
	<b>New beginnings School Rules (SEAL)</b>	<b>Going for Goals (SEAL)</b>	<b>Protective Behaviours</b> 'Taking care' programme Including e-safety rules	<b>Drugs and Medicines</b> Keeping ourselves and others safe (QCA)	<b>SRE and Keeping the body healthy (QCA)</b>	<b>Living in a Diverse World (QCA)</b>
	<i>Living in the wider world</i>	<i>Relationships</i>	<i>Relationships/Health and wellbeing</i>	<i>Health and wellbeing</i>	<i>Relationships/Health and wellbeing</i>	<i>Living in the wider world</i>

Year 2	<p><b>New beginnings School Rules (SEAL)</b> Including e-safety rules</p>	<p><b>Going for Goals (SEAL)</b></p>	<p><b>Protective Behaviours</b> 'Taking care' programme</p>	<p><b>Drugs and Medicines</b> Keeping ourselves and others safe (QCA)</p>	<p><b>SRE and Making choices for a healthy life (QCA)</b></p>	<p><b>Living in a Diverse World (QCA)</b></p>
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<i>Living in the wider world</i>	<i>Relationships</i>	<i>Relationships/Health and wellbeing</i>	<i>Health and wellbeing</i>	<i>Relationships/Health and wellbeing</i>	<i>Living in the wider world</i>
Year 3	<p><b>New beginnings School Rules (SEAL)</b> Including e-safety rules</p>	<p><b>Going for goals (SEAL)</b></p>	<p><b>Protective Behaviours</b> 'Taking care' programme</p>	<p><b>Drugs and Medicines</b> Risk taking &amp; dealing with pressure (QCA)</p>	<p><b>SRE and Eating healthily &amp; being active (QCA)</b></p>	<p><b>Multicultural Community/Diverse World (QCA)</b></p>
	<i>Living in the wider world</i>	<i>Relationships</i>	<i>Relationships/Health and wellbeing</i>	<i>Health and wellbeing</i>	<i>Relationships/Health and wellbeing</i>	<i>Living in the wider world</i>

Year 4	New beginnings School Rules (SEAL) Including e-safety rules	Going for goals (SEAL)	Protective Behaviours 'Taking care' programme	Drugs and Medicines Risk taking & dealing with pressure (QCA)	SRE and Eating healthily & being active (QCA)	Multicultural Community/Diverse World (QCA)
	<i>Living in the wider world</i>	<i>Relationships</i>	<i>Relationships/Health and wellbeing</i>	<i>Health and wellbeing</i>	<i>Relationships/ Health and wellbeing</i>	<i>Living in the wider world</i>
Year 5	New beginnings School Rules (SEAL) Including e-safety rules	Going for goals (SEAL)	Protective Behaviours 'Taking care' programme	Drugs and Medicines Building knowledge & understanding about drugs & alcohol (QCA)	SRE How the body works & changes in puberty (QCA)	Multicultural Community/Diverse World (QCA)
	<i>Living in the wider world</i>	<i>Relationships</i>	<i>Relationships/Health and wellbeing</i>	<i>Health and wellbeing</i>	<i>Relationships/ Health and wellbeing</i>	<i>Living in the wider world</i>
Year 6	New beginnings School Rules (SEAL) Including e-safety rules	Going for goals (SEAL)	Protective Behaviours 'Taking care' programme	Drugs and Medicines Building knowledge & understanding about drugs & alcohol (QCA)	SRE How the body works & changes in puberty (QCA)	Multicultural Community/Diverse World (QCA)